



Zero
Suicide
Alliance

Because
ONE life lost
is **ONE** too many

SAVE A LIFE

TAKE THE TRAINING

zerosuicidealliance.com

Zero
Suicide
Alliance

**END THE
SILENCE
END
SUICIDE**

**Because ONE life lost
is ONE too many**



Because over the course of a year **5,821*** people died by suicide in the UK, that's nearly **16 people EVERY day.**

Find out what you can do at zerosuicidealliance.com

*Source Office for National Statistics (2018)